MONTANA STATE PLAN & POLICY MANUAL CHAPTER SEVEN

Policy Number 7.5
Breast Pump Issuance
Effective/Revised Date: October 1, 2012

Title: Breast Pump Issuance

Purpose

To ensure initiation or continued breastfeeding when mother and infant are separated.

Authority

USDA FNS Policy Memorandum 99-WIC-73; Public Law 101-147; 7CFR 246; MPSF-1: WC-95-37-P, "Providing Breast Pumps to WIC Participants"

Policy

Local agencies may provide a manual, single-user electric or a multi-user loaner electric breast pump to breastfeeding participants.

I. Local Agency Management of Breast Pump Issuance

- A. Each local agency issuing breast pumps will designate a local agency Breast Pump Program Coordinator who is responsible for overseeing the inventory and issuance of breast pump program.
 - 1. This person will generally be the local agency Breastfeeding Coordinator.
- B. The local agency Breastfeeding Pump Program Coordinator will:
 - 1. Store breast pumps in a secure area that can be locked when staff is not present.
 - 2. Maintain a record of inventory and a see Attachment Breast Pump Issuance Log.
 - 3. Ensure all staff issuing and receiving pumps document pump and kit information in the Breast Pump Issuance Log.
 - 4. Complete the quarterly breast pump inventories report/ordering form and submit it to the State WIC Office.
 - a. This form is sent out via the weekly newsletter.
 - 5. Assist participants reporting malfunctioning breast pumps.
 - a. Single user electric breast pumps needing repair are reported to the manufacturer by the breastfeeding woman.
 - b. Single user electric or manual breast pumps are not replaced by the local agency.
 - c. Multi-user electric breast pumps are reported to the manufacturer by the local agency.

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- Multi-user electric breast pumps that are malfunctioning may be replaced by another multi-user electric breast pump.
- 6. Make reasonable efforts to ensure the return of multi-user electric breast pumps to the local agency in a timely manner.
 - a. Contact the State WIC Office upon discovery of the loss.
 - b. If it is determined that the breast pump was stolen, notify the local police, obtain a copy of the police report and scan into the participant's folder.
 - c. If a participant fails to return a multi-user electric breast pump to a Montana local agency, the participant is no longer eligible to receive a breast pump from the Montana WIC Program.
- C. Eligibility for issuance of a breast pump is determined by a CPA, CLC on staff, IBCLC on staff or the local agency Breastfeeding Coordinator.
- D. Breast pumps are issued to participants at no charge.

II. Eligibility for a Breast Pump

- A. Manual pumps are available for breastfeeding participants in the following circumstances:
 - Women who need help in resolving short-term breastfeeding concerns such as having engorgement, flat or inverted nipples, oversupply, a sleepy baby, or a plugged duct.
 - 2. Women who are eligible for a single user or multi-user electric breast pump, but request a manual breast pump.
 - 3. Women with other reasons as determined by the CPA, CLC on staff, IBCLC on staff or the local agency Breastfeeding Coordinator.
- B. Single-user electric pumps and multi-user breast pumps are available for breastfeeding participants who need help in maintaining their milk supply in the following circumstances:
 - 1. Women separated from their babies regularly such as with full-time or close to full-time return to work or school, infant/woman hospitalization or sharing custody of an infant.
 - 2. Women with multiple infants.
 - Women with other reasons as determined by the CPA, CLC on staff, IBCLC on staff or the local agency Breastfeeding Coordinator.

- C. It is strongly recommended a multi-user breast pump is issued for loan to a breastfeeding participant who needs to establish or maintain a milk supply in the following circumstances:
 - 1. Women who will be separated from her infant due to infant or woman hospitalization or custody issues.
 - 2. Women who are sick and unable to breastfeed or prescribed a contraindicated medication for a short-term period.
 - 3. Women who may temporarily not directly breastfeed for medical reasons.
 - Women of an infant with physical or neurological impairment such as weak suck, uncoordinated suck/swallow pattern, inability to suck, or inability to latch on to the breast.
 - 5. Women of an infant with special needs such as cleft lip or palate, Downs Syndrome, cardiac problems, cystic fibrosis, or other similar conditions.
 - 6. Women of multiple infants.
 - 7. Women who want to re-lactate.
 - 8. Women, of an adoptive infant, who wishes to lactate.

III. Procedures for Pump Issuance

- A. Determine eligibility for a type of breast pump.
- B. Discuss pumping techniques and discuss all aspects of handling expressed breast milk including:
 - 1. Methods of pumping.
 - 2. When to pump.
 - 3. How long to pump.
 - 4. How to stimulate let-down.
 - 5. Storage times and temperatures (freezing and refrigeration), and proper thawing and warming techniques.
- C. Provide written instructions on safe handling of expressed breast milk.
- D. Use the manufacturer's instructions to demonstrate how to assemble, use and clean the breast pump.
- E. Observe the participant demonstrating assembly, use and how to clean the breast pump.

- F. Complete the Attachment <u>Breast Pump Release Form</u> or the Attachment <u>Multi-user Electric Breast Pump Loan/Release Form.</u>
 - 1. Scan it into the participant folder.
 - 2. If using the Multi-user Electric Breast Pump Loan/Release Form give a copy to the participant.
- G. Provide a phone number to call for help or support.
- H. Provide encouragement to all women regarding:
 - 1. Getting adequate rest
 - 2. Eating regular meals and snacks
 - 3. Drinking plenty of fluids
 - 4. Spending as much time with infant as possible
 - 5. Reducing stress as much as possible
- I. Schedule a follow-up visit or phone call to address problems or concerns.
- J. Chart the reason for pump issuance and education provided in the participant folder.
- K. Complete the Breast Pump Issuance Log.

IV. Return of Multi-user Breast Pumps

- A. Multi-user breast pumps will be returned to the Local Agency immediately when:
 - 1. Woman/infant separation ends.
 - 2. Infant is latching on to the breast.
 - 3. Milk supply is established.
 - 4. Woman/infant stops breastfeeding.
 - 5. Pump is no longer needed.
- B. A single user electric breast pump may be issued to a participant returning a multiuser breast pump if eligibility is met.
 - 1. Under no circumstances may a participant be issued two breast pumps at the same time.
- C. Return of the multi-user breast pump will be documented in the participant's folder and on the Breast Pump Issuance Log.

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D. Staff will check the pump case for any damage, plug the pump in to ensure it is in good working order, and clean the pump motor casing with a mild bleach solution (1 part bleach to 10 parts water).